

Maine Softball Coaches Association

2019 Coaches Clinic

Saturday January 26th 8:00-3:00
Messalonskee High School (Oakland, ME.)

7:30 to 8:00	Registration
8:00 to 8:30	Dennis Crowe –Rules Interpretations
8:30 to 9:00	Dave Billings – Maine Softball Coach Association
9:00 to 9:45	Nick Caiazzo – Preparing your Catcher for the Season
9:45 to 9:55	10 minute break
9:55 to 10:45	Phil & Jillian Schonberg – Speed and Command – How to develop one without sacrificing the other
10:45 to 10:50	5 Minute break
10:50 to 11:40	Phil & Jillian Schonberg - Developing a Consistent and Affective Changeup
11:40 to 12:30	Terren Allen- Hitting Adjustments – How to train your players to make adjustments at the plate.
12:30 to 1:30	LUNCH
1:30 to 2:15	Sarah Jamo – Infield Drills and Skills
2:15 to 2:20	5 minute break
2:20 to 3:00	Sarah Jamo – Outfield Drills and Skills

Phil Schonberg – Phil is the owner of Fastpitch Power which is a fully integrated online training resource for fastpitch softball teams, coaches, and players of all levels and the founder and director of the training group Sound Shore Sports. Phil has been coaching and teaching all aspects of the fastpitch game for over 15 years. He is now one of the most sought after pitching instructors in the New York Tri-State area.

Jillian Stephens Schonberg – Jillian is a former top ranked east NCAA pitching recruit. She graduated from New Rochelle High School and Villanova University. She played gold level softball with several teams including the Virginia Shamrocks and the Morris County Belles prior to college, and continued to play Division 1 softball at Villanova. She was a student in physical therapy at Harcum College in Pennsylvania and is familiar with injuries, rehabilitation and strength and conditioning.

Sarah Jamo – Sarah Jamo is in her 5th year as the head coach at USM. A two-time (2005, 2006) all-conference first team and an all-rookie team (2003) selection while at UMaine, Jamo finished her decorated career with the Black Bears as their all-time leader in strikeouts and wins in a season (2006). Helping lead the Black Bears to the 2004 America East conference championship. Sarah has steadily improved the USM program. Under her guidance the 2017 season brought about 15 wins, the opening of a brand new beautiful stadium and increased excitement for the future of USM softball.

Terren Allen - a two-time North Atlantic Conference (NAC) championship winner who led Husson University to three regular-season titles in four years, will be in her first year as head coach of the Colby College softball program in the 2018-19 academic year. Allen was the NAC Coach of the Year the past two years and helped Husson earn two NCAA Division III Tournament appearances. Allen, who had a 94-66 record at Husson, led the Eagles to NCAA tourney appearances and NAC championships in 2015 and 2018 and to NAC regular season titles in 2015, 2017, and 2018. Allen's teams won 20 games or more in three of her four seasons, including two seasons with 25 victories or more.

Nick Caiazzo – Former Minor League catcher turned professional instructor who was also a University of Maine Baseball standout. Nick is the Director of Player Development at the Edge Academy Training Center in Portland. Baseball has been his life and now adds softball to his resume as he is the coach of the Thunder 18U Travel Team as well as the Director of the Thunder Travel Softball Program.

Registration form

Coach: _____ head or assistant

Address: _____

School: _____

Address: _____

E-Mail Address: _____

Cell Phone: _____

AD Name: _____

School Phone: _____

*Membership: _____ \$40 fee per School *

Register for clinic _____ \$50 fee/person example: Head Coach: \$40+\$50 = \$90

Non members member fee = \$60 (travel coaches, LL coaches, school coaches that have not paid the \$40 membership fee)

All proceeds will go directly to the Maine Softball Coaches Association to help promote softball in Maine!

**** Price includes lunch ****

*AS A MEMBER, YOUR PLAYERS WILL BE ELIGIBLE TO BE SELECTED TO THE MAINE SENIOR ALL STAR GAME AS WELL AS THE UNDERCLASS ALL STAR ME. VS. NH GAME. SCHOLARSHIPS ARE ALSO AVAILABLE FOR MEMBER SCHOOLS. COME FIND OUT MORE REASONS TO JOIN!

PLEASE MAKE CHECKS OUT TO: MAINE SOFTBALL COACHES ASSOCIATION MAIL TO: 21 WYNMOOR DRIVE, SCARBOROUGH, ME 04074.

FOR MORE INFORMATION: MATHTEACHER@ROADRUNNER.COM (DAVID BILLINGS)

REGISTRATION AT THE DOOR WILL BE AN ADDITIONAL \$10